



D.I.Y. Newsletter

(DO IT YOURSELF)

AUTUMN ISSUE • 2020



Providing essential supports to people with intellectual disabilities and autism,
building a community where everyone participates and belongs.

Autumn at CCS

Happy Fall! We hope you're finding creative ways to enjoy the autumn season. In this edition of the DIY newsletter learn about Keith's wildlife board, see what's next for Champlain Voices, enjoy some artwork and much more. New additions to DIY are always welcome. If you'd like to submit an article, send an email to jcampbell@ccs-vt.org.

Sincerely,
Julie Campbell, Editor



Eva calling the numbers

BINGO Anyone? By Lucy R

Quiet anticipation, chattering, Bingo Masters calling out numbers, laughter.... All part of Wednesday ZOOM BINGO! We meet at 1:30.

Covid19 has presented us with creative challenges to keep some of the CCS gang together. Sometimes, keeping "stuff" comes in handy. I pulled out the game that my kids used to play many years ago (before video games took over). Currently, Mike holds the top wins position, but his competitors are not far behind!

Drew Calls the Numbers By Sara F



Drew was the Bingo Master at a recent Zoom Bingo event. He had his own bingo set but was able to successfully call all the numbers for everyone else as well.



April enjoying a beautiful autumn day in the community



Dawn in the Big Chair at the Milton Park



Champlain Voices Update

by Emily A, Champlain Voices Co-Facilitator

Champlain Voices to screen Intelligent Lives! We're not sure when or how it will happen but already we know it's going to be a smashing success. What is it? The CCS Community screening of the movie Intelligent Lives; our Community Service goal this year.

From award-winning filmmaker Dan Habib comes INTELLIGENT LIVES, a catalyst to transform the label of intellectual disability from a life sentence of isolation into a life of possibility for the most systematically segregated people in America. INTELLIGENT LIVES challenges what it means to be intelligent, and points to a future in which people of all abilities can fully participate in higher education, meaningful employment, and intimate relationships.

Champlain Voices feels that the experience the general population has had isolating during our COVID-19 pandemic has given them a sense of what it has been like for advocates to be isolated from their communities.

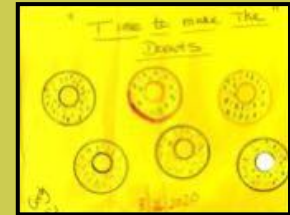
"It's inspirational but bring your hankies!" says David.
"People will see when we're born we don't have anything but NOW look at us." says Hasan.

Please stay tuned for details on how we'll share this film with you. Currently we're considering an outdoor screening near the CCS building one early summer evening or an indoor screening when we're able to be inside with groups of people or a Zoom screening. Whatever way it pans out, we plan that it will be a celebration of our CCS Community being together.

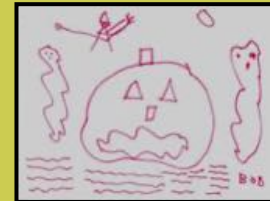
DIY Art Gallery



Autumn Leaves by Eva



Time to Make the Doughnuts by Cindy



Halloween by Bob



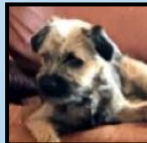
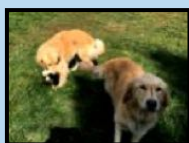
Jessica's Pet Corner Meet Jordan's Fabulous Five

by Jessica & Kristi Photos by Kristi

Jordan has 5 pets. She has Z and Lucy. Z is a 3 year old Golden Retriever and Lucy is a 2 year old Maremma Sheepdog. They play well together and like to chew on marrow dog bones.

Pelé is a 1 year old Border Terrier. He's named after a famous soccer legend from Brazil. Georgia is a 12 year old Boston Terrier. Marilyn is an 8 year old kitty from the human society. Marilyn is an indoor cat.

All of Jordan's pets are spoiled every day. Jordan mentioned that Andy's Dandy's gives out a free dog treat sample if you stop in with your dog.



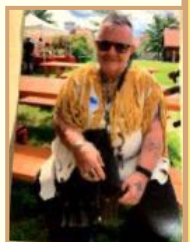
The Beat Goes On... Kenny and Drumming

By Kenny and Emily K

I enjoy drumming. I had the chance to teach a drumming class through Global Campus. I also did some singing in the class. I'm going to teach another drumming class at Global Campus this fall.

As Vice President of Champlain Voices part of my job is to drum at the end of the meeting. I have several kinds of drums at my home.

In the picture above I'm standing next to the Chief at a Pow Wow. He gave me a new name. It's Red Eagle. In the other picture, I'm wearing my buffalo skin suit.

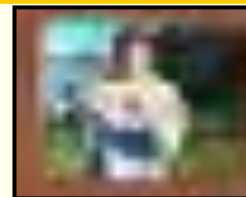




Keith's Wildlife Board

An Interview with Keith Booska

By Dawn and Marie D



How did you come up with the idea to make a wildlife board?

My greatest goal is to be a game warden. Game wardens use educational boards like mine to educate people about the rules in parks and in the wilderness.

How long did it take to make the board and was it hard to make?

It took about 3 days. It was pretty easy because I have made projects at school with wood using power and hand tools.

Where did you take the pictures on the board?

Dead Creek, Bristol Pond, Mt. Philo, and Shelburne Farms.

When you go fishing why don't you keep the fish you catch?

I like to catch and release, so I don't kill them.

Do you hunt? If so, how?

Yes, I hunt deer, bears, turkeys, bobcats, and coyotes. I use muzzle loaders, bow and arrows, shot guns and rifles. I hunt with my Dad and Grandfather at his camp in Hopkinton, NY.

What is the most interesting or unusual animal that you have seen in the wild?

Bull and cow moose

Where did your love for animals come from?

It comes from my Dad and Grandfather. I also like to watch Sportsmen Channels. My favorite show is, "Tim Shaggy". He travels all over to hunt.

Thank you Keith for your interview and for creating your Fish and Wildlife Board at CCS. We look forward to seeing more of your pictures. Make sure to stop by CCS and check it out!



Ben — We have a Winner!

Ben's employer, Autumn Harp, had a socially distanced Olympic games ceremony in September.



The celebration included ice cream and Ben got to play cornhole and Connect 4. He won Connect 4 and did a fantastic job for his first time ever playing cornhole. Congratulation Ben on your wining game!

Staff Anniversaries & Milestones

The following staff celebrated years of service this fall. Congratulations and **thank you** for your dedication.

- 1 Year: Justin Levinson
- 3 Years: Jessica Gratton, Carol Hutcheon & Maggie Loftus
- 4 Years: Paige Claude
- 7 Years: Emily Kittridge
- 9 Years: Ron Turner
- 17 Years: Karen Ciechanowicz
- 22 Years: Brent Hewey



Shared Living Providers:

- 1-5 years: John Clark, Kara Dowling, Jorge Gonzales, Pat Grenier, Eva Griffin, Scott & Julie Elkins, Kristen Elwood, Josh Jones, Hilery Kenyon, Kayla Kizziah, Joan Ladouceur, Liz Leggett, Heidi Miller, Joy Reddington, Ashley Prisco & Cathy Stech
- 6-10 years: Chris Bedard, Mimi DesOrmeaux, Nicole Giard- Jeter, Victoria Purinton, Paulette Thibault, Stacey Towers & Cindy Shelden
- 11-15 years: Eve Duff, Pam Cook, Dennis & Sally Greeno, Claudette Kosa, Anna Mudgett, Kevin O'Brien & Randy Sightler

CCS Events

Benefit Bake for CCS—Carry out only

American Flatbread

November 17th 4– 9 pm

CCS will be closed on:

November 11th — Veteran's Day

November 26 & 27th — Thanksgiving Holiday break

December 24th and 28th— Christmas Holiday break

January 1st - New Year's Day



Champlain Community Services Inc.

512 Troy Avenue
Colchester, VT 05446

Our Mission & Vision:

Champlain Community Services provides essential supports to people with intellectual disabilities and autism, building a community where everyone participates and belongs.

CCS is in its 52nd year of serving our community, and offers coordinated one-to-one supported employment, home & shared living, school-to-career transition, and community supports.



Visit us on the web!
ccs-vt.org



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Submit your stories, photos, ideas to:
jcampbell@ccs-vt.org

DIY c/o Champlain Community Services

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